

KATINA MAKRIS

Informing & Inspiring

"Katina Makris has much to share and she says it with clarity, wisdom, charm and humor. She is an outstanding speaker on the airwaves or at the podium and will make an audience come to their feet in approval and return for more."

IRENE CONLAN, M.S.N., PH.D., host of The Self Improvement Show

Event & Book Reviews

"Katina was by far the most popular speaker at our event."
- Kimberly L., Events Manager, Publishing Company

"Katina's message is purely inspirational. Her life experience is a powerful, dynamic story of survival and her presentation was equally as informative, engaging and uplifting." - Denise D.

"Katina did a fabulous job. She was so knowledgeable, sensitive, empathetic, and informative, and has obviously kept her sense of humor through all that she has endured." - Debby C.



"I have read every book on the shelves related to Autoimmune and Lyme Disease recovery, and this one is by far the best. Everything you want to know in one accessible, beautiful, incredibly engaging book. Katina turns the current medical system upside down and shows us the true, revolutionary path to healing ourselves through modicums that time forgot. After reading this book, I felt empowered, like I finally had the chance to find again the life that has been waiting for me for so long. This is not only a hand to hold, it is a guide to giving you back the ultimate health you know is waiting for you." - Suzanne K.

"I felt the weariness of the people in the audience the night Katina was here. They were tired and looking for answers. They were hurting. I saw the tears. Katina gave them hope. She gave them validity that someone can crawl out of the clinches of a horrible disease. She gave them the feeling that someone really understands what they are going through. Katina is a wonderful, powerful speaker and gift of light." - Frances K.

www.KatinaMakris.com