

## CHECK LIST OF SYMPTOMOLOGY

Lyme Disease can present with a broad array of symptomology. More than one system of the body may be affected. The format below clusters complaints referable to specific organ systems. If you note ten or more symptoms, especially moderate or severe, seeking professional help and testing is strongly encouraged.

Have you had any of the following?:

Tick Bite	Y	N
Spotted rash over large area	Y	N

Bulls-eye rash (red circle with dot in center)	Y	N
Linear, red streaks	Y	N

SYMPTOM OR SIGN	CURRENT SEVERITY			
	NONE	MILD	MODERATE	SEVERE
Flu-like symptoms: (fever, chills, cough, aching)				
Headache / stiff neck				
Meningitis				
General Malaise				
Apathy & mental dullness				
Persistent swollen glands				
Sore throat				
Fevers				

Sore soles, especially in the AM				
* Joint pain				
Fingers, toes				
Ankles, wrists				
Knees, elbows				
Hips, shoulders				
Joint swelling				
Fingers, toes				
Ankles, wrists				
Knees, elbows				
Hips, shoulders				
Unexplained back pain or hip pain, lying on side produces hip pain				
Stiffness of the joints or back				
Muscle pain or cramps				

Obvious muscle weakness, legs feel unable to support. Rising from seat laborious and painful				
Twitching or paralysis of the face or other muscles				
Tremor and/or jittery feeling				
Seizures				
Headache, including migraine				
Light sensitivity				
Sound sensitivity				
Vision: double, blurry, floaters, dry eyes				
Ear pain, prolonged or repeated episodes				
Hearing: buzzing, ringing, decreased hearing				
Increased motion sickness, vertigo, spinning				
Off balance, "tippy" feeling				

Lightheadedness, wooziness, unavoidable need to sit or lie down				
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	<b>CURRENT SEVERITY</b>			
<b>SYMPTOM OR SIGN</b>	<b>NONE</b>	<b>MILD</b>	<b>MODERATE</b>	<b>SEVERE</b>
Tingling, numbness, burning, or stabbing sensations, shooting pains, skin hypersensitivity – worse on left side				
Facial paralysis – Bell’s Palsy				
Dental pain				
* Neck creaks and cracks, stiffness, neck pain				
* Fatigue, tired, poor stamina, exhaustion, collapse				
* Insomnia, fractionated sleep, early awakening				

Excessive night time sleep				
Napping during the day				
Unexplained weight gain				
Unexplained weight loss				
Unexplained hair loss				
Pain in genital area				
Unexplained menstrual irregularity				
Unexplained milk production; breast pain				
Irritable bladder or bladder dysfunction, repeated UTI's (Urinary tract infections)				
Erectile dysfunction				
Loss of libido				
Queasy stomach or nausea				
Heartburn, stomach pain				
Constipation				

Diarrhea				
Low abdominal pain, cramps				
Heart murmur or valve prolapse?				
Heart palpitations or skips, atrial fibrillation				
“Heart block” on EKG				
Chest wall pain or sore ribs; clutching sensation in ribs/ chest				
Head congestion				
Breathlessness, “air hunger”, unexplained chronic cough				
Night sweats				
Exaggerated symptoms or worse hangover from alcohol				
* Symptom flares every 4 weeks				
Gray skin pallor				
Unexplained skin rash or eruption				
Elevated White Blood Count				

Elevated Lymphocyte count				
Persistent yeast/ fungal infections				
Confusion, difficulty thinking				
Difficulty with concentration, reading, problem absorbing new information, brain fog				
Word search, name block				
Forgetfulness, poor short term memory, poor attention				
Disorientation: getting lost, going to wrong places				
Speech errors – wrong word, misspeaking				
Mood swings, irritability, depression, suicidal feelings				

Anxiety, panic attacks, over reaction to news, even minor events				
Psychosis (hallucinations, delusions, paranoia, bipolar)				